



TRAUMA REACTIONS

CHILDREN AGED 0- 2 1/2 YEARS OLD

Memory of trauma may be evident in behaviour or play. There will be some sensory body memories e.g. the smell of alcohol on someone's breath will remind them of the trauma.

WHAT CAN PARENTS DO

- * maintain child's routine around sleeping and eating
- * Avoid unnecessary separations from caretakers
- * Provide additional soothing activities e.g. singing
- * Maintain a calm atmosphere around child
- * Avoid exposing child to reminders of trauma
- * Talk about feelings in simple terms and briefly

GENERAL TRAUMA REACTIONS

- Disruption in sleeping and toileting
- Startle response to loud noises
- Loss of acquired speech and motor skills
- Separation fears

SEXUAL ABUSE SPECIFIC

- Unusual concern or attention to private parts
- Adult sexual behavior or knowledge
- Intense masturbation
- Genital pain, discharge bleeding or a sexually transmitted infection